



**FIRST-YEAR
PARENT
& FAMILY
CALENDAR
2019-2020**

DIRECTORY

| | | |
|--|-------------------------------------|--------------|
| Athletics | GoDeacs.com | 336.758.5616 |
| Campus Life | campuslife.wfu.edu | 336.758.5921 |
| Campus Recreation | campusrec.wfu.edu | 336.758.5838 |
| Dining | deacondining.com | 336.758.5607 |
| Financial Aid | financialaid.wfu.edu | 336.758.5154 |
| Financial Services | finance.wfu.edu/sfs | 336.758.5234 |
| Global Programs and Studies | global.wfu.edu | 336.758.5938 |
| Information Systems Service Desk | help.wfu.edu | 336.758.4357 |
| Intercultural Center | interculturalcenter.wfu.edu | 336.758.5864 |
| Learning Assistance Center & Disability Services | lac.wfu.edu | 336.758.5929 |
| LGBTQ Center | lgbtq.wfu.edu | 336.758.4665 |
| Math Center | mathandstatscenter.wfu.edu | |
| Office of Academic Advising | advising.wfu.edu | 336.758.3320 |
| Office of the Dean of Students | deanofstudents.wfu.edu | 336.758.5226 |
| Office of Family Engagement | parents.wfu.edu | 336.758.4237 |
| Office of Personal & Career Development | opcd.wfu.edu | 336.758.5902 |
| Office of Residence Life & Housing | rlh.wfu.edu | 336.758.5185 |
| Office of Sustainability | sustainability.wfu.edu | 336.758.3328 |
| Office of Wellbeing | thrive.wfu.edu | 336.758.3089 |
| Orientation | newstudents.wfu.edu/orientation | 336.758.3320 |
| Pre-Orientation Programs | newstudents.wfu.edu/pre-orientation | |
| Registration/University Registrar | registrar.wfu.edu | 336.758.5207 |
| Religious Life and the Office of the Chaplain | chaplain.wfu.edu | 336.758.5210 |
| Reynolda: House, Gardens, Village | reynoldahouse.org | 336.758.5150 |
| Safe Office | safeoffice.wfu.edu | 336.758.2134 |
| START Gallery | startgallery.wfu.edu | 336.245.8508 |
| Student Health Service | shs.wfu.edu | 336.758.5218 |
| Transportation & Parking | parking.wfu.edu | 336.758.7275 |
| University Counseling Center | counselingcenter.wfu.edu | 336.758.5273 |
| University Police | police.wfu.edu | 336.758.5911 |
| University Stores | wfustores.com | 336.758.5145 |
| Women's Center | womenscenter.wfu.edu | 336.758.4053 |
| Writing Center | college.wfu.edu/writingcenter | 336.758.5768 |
| Z. Smith Reynolds Library | zsr.wfu.edu | 336.758.4931 |



Welcome, parents and families of new students! We are looking forward to your student's arrival on campus very soon. We hope this calendar will provide you with information, due dates and other tips to help in your student's transition to college life.

Please get in touch any time our office can be of assistance to you or your student. Welcome to the Wake Forest family!

Betsy Chapman ('92, MA '94)
 Executive Director of Family Communications
 and Volunteer Management

| Contact the Family Engagement Office | |
|--------------------------------------|---------------------------|
| parents@wfu.edu | |
| 336.758.4237 | |
| Visit us at Alumni Hall | |
| f | Wake Forest Parents |
| t | @WFUParents |

ORIENTATION WEBSITE – NEWSTUDENTS.WFU.EDU

From mid-May until Move-in, the New Students website will be the place to find information about Orientation (New Deac Week), Move-in and important action items for you and your student.

PARENTS & FAMILIES PAGE – PARENTS.WFU.EDU

Year-round, the Parents & Families page is the place for Wake Forest news and information for parents and families. Features include: Weekly Messages for First-Year Parents and Families, Questions and Answers, Important Dates, the Quad Cam and more.

THE DAILY DEAC, A BLOG FOR WAKE FOREST FAMILIES – PARENTS.WFU.EDU/COMMUNICATIONS/DAILY-DEAC

The Daily Deac is a blog that covers a variety of WFU activities and events and helps you get a sense of campus life. Subscribe to the Daily Deac and have it sent to your inbox each day; look for the subscribe box on the Daily Deac page.

IF YOU NEED TO REACH THE UNIVERSITY AFTER HOURS

Most administrative offices are open on a Monday–Friday, 8:30 a.m.–5 p.m. schedule. If you have an urgent need to reach someone because you have a concern that must be addressed quickly, University Police is the 24/7 contact. They can assess the situation and determine the on-call staff member who can address your concern. The 24-hour contact number for University Police is 336.758.5591 (nonemergency) or 336.758.5911 (emergency). University Police can get in touch with on-call staff 24 hours/day. (Find more information in the Urgent Needs page at the end of this calendar.)

Note: With all print pieces – like this calendar – there is the opportunity for something to change after the print deadline. You can always consult the New Students website and Parents & Families page for up-to-date information.

WELCOME TO THE WAKE FOREST FAMILY!

Newstudents.wfu.edu is the website with information about Orientation and all required student and parent/family activities. Be sure to visit the Parents & Families page often.

Please join us for a New Student Reception if you can. New Student Receptions help new students and families meet each other as well as current students and staff before Orientation. See more at **go.wfu.edu/newstudentreceptions**.

Wake Wednesdays: We've designated Wednesdays as parent/family due dates/action items. Feel free to work ahead as you wish.

Please note the following May due dates/deadlines for parents and families:

May 1: **Newstudents.wfu.edu** goes live. Visit often throughout the summer, as new information is continually added.

May 15: Complete a Family Record Form, which can be found at **go.wfu.edu/familyrecordform**. **Please provide your email address, as email is our primary way of communicating with families!** (Form is due June 5.)

May 22: Schedule a physical for your student. The Health Information and Immunization form is due July 1.

May 29: Make hotel reservations for Move-in/Orientation (Aug. 21-22) and Family Weekend (Nov. 1-3).

Deadlines for your student:

May 13: Foreign Language Placement Test (FLPT) available (due July 13)

Pre-orientation program applications available online (deadlines vary)

Housing and Dining application available (deadline July 1)

Deacon OneCard photo upload portal available (deadline July 1)

Health Information and Immunization form available (deadline July 1)

May 27: Reflection Task for Directed Self-Placement enrollment available (deadline June 3)

Wilderness to Wake Pre-orientation application available (deadline June 9)

STEM Pre-orientation application available (deadline June 9)

MAY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---------------|---|---------------|---|---------------|---------------|---------------|
| | | | Website goes live at ¹ <u>Newstudents.wfu.edu</u> | ² | ³ | ⁴ |
| ⁵ | ⁶ | ⁷ | ⁸ | ⁹ | ¹⁰ | ¹¹ |
| ¹² | See student deadlines above ¹³ | ¹⁴ | Complete a Family Record Form as soon as possible (due June 5) ¹⁵ | ¹⁶ | ¹⁷ | ¹⁸ |
| ¹⁹ | ²⁰ | ²¹ | Schedule a physical for your student; the Health Information and Immunization form is due July 1 ²² | ²³ | ²⁴ | ²⁵ |
| ²⁶ | See student deadlines above ²⁷ | ²⁸ | Make hotel reservations for Move-in/Orientation and Family Weekend ²⁹ | ³⁰ | ³¹ | |

PRO TIP:

We ask that families let students fill out their own Housing and Dining Application; it is important that students be honest about their answers to make as successful a roommate match as possible.

LOTS TO DO THIS MONTH

Your to-do list will be full from now until August.

Please note the June Wake Wednesdays due dates/deadlines for parents and families:

- June 5:** Look for New Student Receptions in your area and register at go.wfu.edu/newstudentreceptions. Complete a Family Record Form at go.wfu.edu/familyrecordform. Talk to your student about authorizing you as a third-party payer on their DEAC account so that you have access to financial statements and bills.
- June 12:** Complete the Health Insurance Enrollment/Waiver form at bcbnsnc.com/wfu (due Aug. 1). **Note: If you do not complete the form (even if you have insurance), you will be automatically enrolled in August and charged for it.**
- June 19:** Review the Advice for New Parents and Families page at go.wfu.edu/advicefornewparents.
- June 26:** Add a reminder to next month's calendar. On July 10, registration opens for Family Weekend (Nov. 1-2).

Deadlines for your student:

Note: Please stress to your student the importance of meeting all deadlines!

- June 3:** Due today: Reflection Task for Directed Self-Placement enrollment
Assigned registration time can be viewed in WIN New WakeWare laptops available for purchase online
Health Insurance Enrollment/Waiver form available (due Aug. 1)
- June 9:** Due today: Wilderness to Wake Pre-orientation application (optional)
Due today: STEM Pre-orientation application (optional)
Authorize parent/third-party payer on DEAC account
- June 17:** Log in to College Board Profile and designate WFU as AP score recipient
Submit IB scores to WFU
- June 21:** Writing Course survey and Living Learning Communities survey will be sent to students' WFU email address with Writing Task feedback
- June 24:** Due today: Living Learning Communities survey

JUNE

| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------------------------------|-----------------------------------|-----|---|-----|-----------------------------------|--|
| | | | | | | Summer School tuition due (if applicable) 1 |
| 2 | 3 See student deadlines above | 4 | 5 Register for New Student Reception. Complete a Family Record Form. Talk to your student about authorizing you as a third-party payer in DEAC. | 6 | 7 | 8 |
| 9 See student deadlines above | 10 | 11 | 12 Complete the Health Insurance Enrollment/ Waiver form | 13 | 14 | 15 |
| 16 | 17 See student deadlines above | 18 | 19 Review Advice for New Parents and Families page | 20 | 21 See student deadlines above | 22 |
| 23 | 24 See student deadlines above | 25 | 26 Set a reminder in your calendar to register for Family Weekend on July 10. | 27 | 28 | 29 |
| 30 | | | | | | |

PRO TIP:

If your student has a documented disability and used accommodations in high school, be sure to complete the Request for Consideration form. Some students want to try college without those accommodations and later discover they wished they'd had the accommodation from the beginning.

WHAT SHOULD I BE DOING RIGHT NOW?

Now is the time to have conversations with your student about college expectations and responsibilities, good judgment, etc. See the Advice page for ideas: go.wfu.edu/advicefornewparents.

It's also a good time for parents and families to give their students more independence in making decisions — and not provide answers or solutions. (See the **Stop, Drop and Roll** chart at the back of this calendar.)

Due dates/deadlines for parents and families:

- July 1:** Due today: Health Information and Immunization form required by the University and the State of North Carolina. Form must be on file in order for new students to attend fall classes.
Due today: Disabilities documentation (if applicable)
- July 3:** Talk to your student about granting FERPA proxy access to you (so administrators can share grades or discuss other aspects of your student's experience):
registrar.wfu.edu/academic-records.
Fall tuition notification issued
- July 10:** Register for Family Weekend at
familyweekend.wfu.edu.
- July 17:** Determine if your student will register for the Zipcar program (optional).

Deadlines for your student:

- July 1:** Due today: Health Information and Immunization form
Due today: Disabilities documentation
Pre-orientation applications available (deadlines vary)
Due today: Housing and Dining application
Due today: Deacon OneCard photo submission
- July 5:** Due today: Writing Course survey
- July 12:** Course Preference Survey (CPS) available
- July 13:** Due today: Foreign Language Placement Test (FLPT)
Complete and submit Course Preference Survey (CPS) (deadline July 19).
- July 15:** Due today: Most Pre-orientation applications (see Forestry 101)
Sign up for Project Wake: In Pursuit of...Happiness?

July 15-19: Registration for fall classes

Round 1 is July 15-16 with students registering for up to 10 hours.
Round 2 is July 17-18 with students registering for up to 17 hours.

Note: If your student will be unable to register (because they are out of the country, without internet access, etc.), they should contact the Office of Academic Advising in early July to discuss how to handle this.

- July 19:** Due today: Course Preference Survey (CPS)
Housing assignments released by the end of the week of July 19

JULY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---|---|--|---|---|---|
| | Health Information and Immunization form and Disabilities Documentation due ¹ | ² | Talk to your student about granting FERPA Proxy Access to you for grades ³ | ⁴ | See student deadlines above ⁵ | ⁶ |
| 7 | See student deadlines above | 9 | Fall tuition billing notification emailed to students and authorized payers | 11 | See student deadlines above ¹² | See student deadlines above ¹³ |
| | 8 | | Register for Family Weekend ¹⁰ | | | |
| 14 | Fall Course Registration Round 1 ¹⁵ | Fall Course Registration Round 1 ¹⁶ | Fall Course Registration Round 2 ¹⁷ | Fall Course Registration Round 2 ¹⁸ | See student deadlines above ¹⁹ | 20 |
| | See student deadlines above | | Determine if your student will register for Zipcar program | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

PRO TIP:

Before you purchase airline tickets for breaks or holidays, students should consult their course syllabus for each class, the final exam schedule and the closing/opening dates available from the Office of Residence Life and Housing. While families can use the academic calendar as a general guideline for breaks, it is wiser to wait to purchase tickets until your students have started class and know all scheduled exams, attendance policy for each class, test dates, etc.

Encourage your student to check their WFU email daily. The Office of Academic Advising will communicate with students via email, as will faculty and other administrators once school starts. It would be better for your Deac to get in the habit of checking their email now.

TIME TO MOVE IN!

Good roommate relations depend upon both roommates' ability to listen, communicate and compromise.

Roommates will complete a Roommate Agreement to establish guidelines for topics such as housekeeping, room use (study vs. social space), visitors, quiet time, etc. If conflicts arise, roommates can revisit the Agreement and/or can ask for an RA to assist with mediation. It is best for students (not families!) to work out roommate issues with support as needed from the Office of Residence Life and Housing.

Due dates/deadlines for parents and families:

- Aug. 1:** Due today: Tuition
Due today: Health Insurance Enrollment/Waiver form.
(Visit bcbsnc.com/wfu and enroll or waive or you will be charged for insurance.)
- Aug. 7:** Determine if you will ship items to campus.
Have a family conversation about the online courses your student is taking regarding alcohol/substances and sexual/interpersonal violence.
- Aug. 16:** Check DEAC and WIN for financial holds (for authorized third-party payers on DEAC).
Submit Tuition Insurance form (optional).
Print Move-in Day parking pass/map.

Aug. 21: Move-in Day and parent/family Orientation programs (afternoon and evening)

8 a.m.–2 p.m. — Move-in assistance available

8 a.m.–4 p.m. — Residence hall check-in

Aug. 22: Parent/family Orientation (concludes by 6:30 p.m.)

Aug. 26: Deadline to enroll in tuition insurance

Deadlines for your student:

- Aug. 1:** Due today: Tuition
Protégé Mentoring Program application due (optional)
Due today: Health Insurance Enrollment/Waiver form
Read about computing in a campus environment.
Register your car for a parking pass, if applicable.
- Aug. 12:** Check DEAC and WIN for financial holds.
Class schedule available
- Aug. 15:** Complete Social Belonging Online program (available Aug. 1)
- Aug. 16:** Register cellphone number with Wake Ready and property with University Police; download LiveSafe app.
Complete your Handshake profile.
- Aug. 21:** Due today: Alcohol and Other Substance Misuse Prevention, Part 1 of Sexual Assault Prevention for Undergraduates

AUGUST

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|--|-----|---|--|--|--|
| | | | | See student deadlines above Tuition due Health Insurance Waiver/ Enrollment form due | | |
| 4 | 5 | 6 | Have conversation with your student regarding alcohol/ substance and sexual/interpersonal violence courses | 8 | 9 | 10 |
| 11 | See student deadlines above | 12 | | 13 | 14 | 15 |
| 18 | 19 | 20 | See student deadlines above Move-in Day!! Residence halls open for new students at 8 a.m. | Orientation for new students and parents/families (ends around 6:30 p.m.) | 22 | See student deadlines above Check DEAC and WIN for financial holds Print Move-in Day parking pass/map |
| 25 | Classes begin | 26 | | | 27 | |
| | Deadline to enroll in tuition insurance | | Orientation for new students and parents/families in afternoon and evening | | Last day to add first part-of-term classes | 31 |

PRO TIP:

Before you decide whether your student needs a car or a bike on campus, look into the Zipcar program or the Re-Cycle bike share program offered through the Office of Sustainability. And don't forget to bring a reusable water bottle on Move-in Day — it's often the hottest day of the year! We'll have plenty of refill stations available.

START THE SEMESTER STRONG



Get involved. There will be a Student Involvement Fair on Sept. 5. Encourage your students to find a few organizations to join, but to be selective so as to not overcommit.

Meet people and build community. Students should get to know their roommate, hallmates, RA, Faculty Fellows, etc.

Learn expectations and manage time. Each class will have a syllabus showing assignments, papers, tests and expectations. Time management is critical; procrastination does not help anyone. Students also need to find their optimal time/place for studying.

Successful students do the following: attend class, get to know their faculty members, communicate and seek help when they need it. (Check office hours for faculty, Learning Assistance Center, Chemistry Center, Math Center, Writing Center and ZSR Library.)

Note: Before you buy plane tickets for your student to come home for Winter Break, they should check their final exam schedule. Also, women participating in sorority recruitment return earlier than other students (see January calendar).

SEPTEMBER

| <i>SUN</i> | <i>MON</i> | <i>TUE</i> | <i>WED</i> | <i>THU</i> | <i>FRI</i> | <i>SAT</i> | | |
|------------|--|------------|------------|---|------------|------------|----|----|
| 1 | Labor Day (classes are in session) | 2 | 3 | 4 | 5 | 6 | 7 | |
| 8 | Last day to add full-term classes | 9 | 10 | Last day to drop a first part-of-term class | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | | |
| 29 | Last day to drop a full-term class | 30 | | | | | | |

PRO TIP:

Encourage your student to connect with a support office on campus: Learning Assistance Center and Disability Services, University Counseling Center, LGBTQ Center, Office of Student Engagement, Women’s Center, Intercultural Center, Office of Global Programs and Studies, Office of Academic Advising or a faith-based group from the Chaplain’s office. (There are many more offices; see directory at the front of this calendar.)

THINGS TO KNOW IN OCTOBER

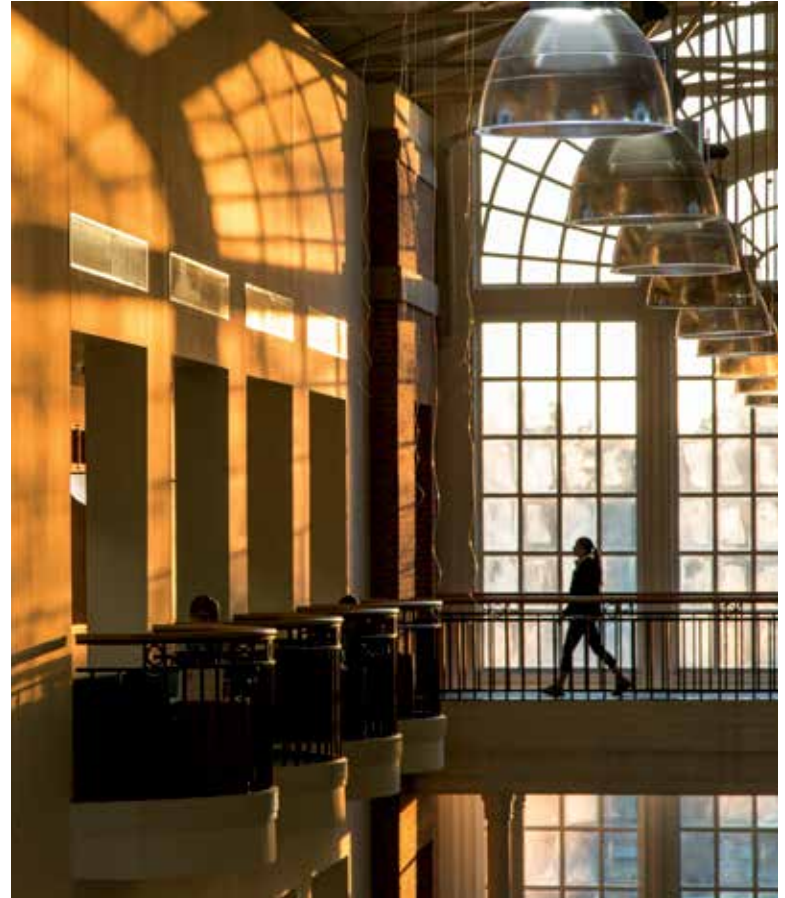
With midterms approaching, students should be extra mindful of their health. Encourage your student to get a flu vaccine from the Student Health Service, and to get enough sleep, moderate exercise, and a healthy diet.

Thrive, our comprehensive approach to student wellbeing, is led by the Office of Wellbeing. Encourage your student to attend to the eight dimensions of wellbeing and use the Office of Wellbeing's many resources outlined at thrive.wfu.edu.

Fall Break is Oct. 10-13. A good number of our students leave for Fall Break, so campus is quiet. If your student has a friend who can't go home for Fall Break, consider inviting that friend to come home with your student. Because students will have just experienced midterm exams, they may come home seeming stressed out or tired; this is quite normal.

Project Pumpkin — This beloved Halloween tradition brings more than 1,000 children from local schools and agencies to campus. Children are escorted to Hearn Plaza, where students, faculty and staff collaborate to provide a safe and fun environment for trick-or-treating, carnival games, clowns and entertainment.

Join us for Family Weekend (Nov. 1-3)! Planned and facilitated by the Office of the Dean of Students, Family Weekend provides students and their families with numerous programs and events to enjoy together.



OCTOBER

| <i>SUN</i> | | <i>MON</i> | | <i>TUE</i> | | <i>WED</i> | | <i>THU</i> | | <i>FRI</i> | | <i>SAT</i> | |
|---------------|--------------------------------------|------------|---|------------|----|--------------------------------------|---|---------------|----|------------|----|------------|----|
| | | | | 1 | | | 2 | | 3 | | 4 | | 5 |
| 6 | | 7 | | 8 | | 9 | | Fall Break 10 | | | 11 | | 12 |
| Fall Break 13 | | | 14 | | 15 | Classes begin second part of term 16 | | | 17 | | 18 | | 19 |
| 20 | Advising Period 21 | | | 22 | | 23 | | 24 | | 25 | | | 26 |
| | Midterm grades reporting deadline | | Last day to add second part-of-term classes | | | | | | | | | | |
| 27 | Advising Period 28 | | | 29 | | 30 | | 31 | | | | | |
| | Last day to drop with a grade of "W" | | | | | | | | | | | | |

PRO TIP:

Midterms can be a stressful time. Encourage your students to use the Writing Center, Math Center, Chemistry Center and/or to seek support from the University Counseling Center or the Learning Assistance Center if needed. The counseling and tutoring services of these offices are free to students.

COMING HOME AGAIN



As Thanksgiving and Winter Break approach, your student will be returning home ... but they won't be the same as in high school, and the family dynamics may differ. This is an important (and normal!) part of growing up!

Students might have different sleep schedules, personal habits, changes to their appearance, new ideas or even a new worldview. You might also find that during break, your student wants to spend a lot of time with their high school friends. What this often means is that your student feels comfortable with their family relationships but may feel less so with high school friends. Spending time with high school friends helps students figure out "Are we still friends? Have things changed? Is our relationship OK?" You may have expectations for your student while they are home (e.g., Will there be a curfew? Is attendance expected at certain family events?). Communicating openly about your expectations and making compromises will be important.

NOVEMBER

| <i>SUN</i> | | <i>MON</i> | | <i>TUE</i> | | <i>WED</i> | | <i>THU</i> | | <i>FRI</i> | | <i>SAT</i> | |
|----------------|----|--|--|--|--|---|---|--|--|------------------------------------|--|----------------|----|
| | | | | | | | | | | Family Weekend Advising Period | 1 | Family Weekend | 2 |
| | | | | | | | | | | Spring tuition notification issued | | | |
| Family Weekend | 3 | Spring Course Registration Round 1 – Senior Appointments | 4 | Spring Course Registration Round 1 – Junior Appointments | 5 | Spring Course Registration Round 1 – Sophomore Appointments | 6 | Spring Course Registration Round 1 – First-Year Appointments | 7 | | Last day to drop a second part-of-term class | | 9 |
| | | 2020-21 FAFSA and CSS Profile applications available for financial aid | | | | | | | | Spring Course Registration Round 1 | 8 | | |
| | 10 | | Spring Course Registration Round 2 – Senior Appointments | 11 | Spring Course Registration Round 2 – Junior Appointments | 12 | Spring Course Registration Round 2 – Sophomore Appointments | 13 | Spring Course Registration Round 2 – First-Year Appointments | 14 | Spring Course Registration Continues | 15 | |
| | 17 | | 18 | | 19 | | 20 | | 21 | | 22 | | 23 |
| | 24 | | 25 | | 26 | Thanksgiving Break | | 27 | 28 | | 29 | | 30 |

PRO TIP:

Campus remains open for Thanksgiving Break, but dining services operates on a reduced schedule (with some locations closed); holiday/break hours will be posted outside dining locations. Students remaining on campus for the break should consult Deacon Dining’s hours before break and make plans for meals and grocery shopping. Campus shuttles operate on a reduced and modified schedule during the break.

THE HOME STRETCH

Soon your Deacs will be coming home for Winter Break. Family relationships shift in college, and many parents and families find themselves in more of a “consultant” role than a “managerial” or “decision-maker” role. Building a strong relationship with your newly independent college student often means asking open-ended questions and listening more than talking.

Help them reflect on their semester with these questions from the Mentoring Resource Center. (Not all of these may be things your Deac wants to share with you, but you can ask rhetorically.)

“If you were starting Wake Forest all over, what would you do differently and why?”

“What was your biggest challenge, and what did you learn?”

“What are you most proud of and why?”

“What have you learned about yourself so far?”



DECEMBER

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|-----------------------------------|---------------------------|--------------------------------------|---------------------------|-------------------------------|---------------------------|
| Thanksgiving Break ¹ | ² | ³ | ⁴ | ⁵ | Fall classes end ⁶ | Reading Day ⁷ |
| Spring tuition due | | | | | | |
| Reading Day ⁸ | Final Exams ⁹ | Final Exams ¹⁰ | Final Exams ¹¹ | Final Exams ¹² | Final Exams ¹³ | Final Exams ¹⁴ |
| | | | | | | |
| Residence halls close at 12 p.m. ¹⁵ | Winter Break begins ¹⁶ | ¹⁷ | ¹⁸ | ¹⁹ | ²⁰ | ²¹ |
| | | | Fall final grades reporting deadline | | | |
| Winter Break ²² | ²³ | ²⁴ | ²⁵ | ²⁶ | ²⁷ | ²⁸ |
| | | | | | | |
| Winter Break ²⁹ | ³⁰ | ³¹ | | | | |
| | | | | | | |

PRO TIP:

The Lovefeast will be in early December; this is one of Wake Forest's great holiday traditions. Also, make sure your Deac takes anything they need during the break (keys, contact lenses or glasses, laptop, medicines, etc.). Once the residence halls close, students cannot get back in until they reopen in January.

IT'S THE SAME — BUT EVERYTHING'S CHANGED



It's the new year. Your Deacs will return to a familiar campus, but it won't be quite the same. Some changes are:

Academic: Students will have new classes and a new set of professors and will have to learn their expectations, testing style, etc.

Social: Some students will go through fraternity or sorority recruitment and will make new friends. Your student may find that the people they used to eat lunch or dinner with on certain days now have classes at that time or have other commitments. People will join (or leave) student organizations, and the friend groups may fluctuate. There is also potential for conflict as roommates adjust to new schedules.

Be understanding if your Deac feels a little unsettled. As the semester begins, students will find their groove. And if not, urge your Deac to seek support from the many offices there to help them.

JANUARY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-------------------------------|------------------------|--|------------------------------------|-------------------------------|--|---|
| | | | Winter Break 1 | 2 | 3 | 4 |
| | | | New Year's Day | | | |
| 5 | Winter Break ends 6 | Panhellenic Sorority Recruitment Potential New Member move-in ONLY 7 | Panhellenic Sorority Recruitment 8 | 9 | 10 | 11 |
| | | | | | | Residence halls open for all other students at 9 a.m. |
| Sorority Bid Day 12 | Classes Begin 13 | | | IFC Fraternity Recruitment 16 | | 18 |
| Panhellenic Sorority Bid Day | | | | | Last day to add first part-of-term classes | |
| IFC Fraternity Recruitment 19 | | | IFC Fraternity Bid Day 22 | | | 25 |
| | MLK Holiday—no classes | | | | | |
| 26 | 27 | Last day to add full-term classes 28 | | 29 | Last day to drop first part-of-term classes 30 | 31 |

PRO TIP:

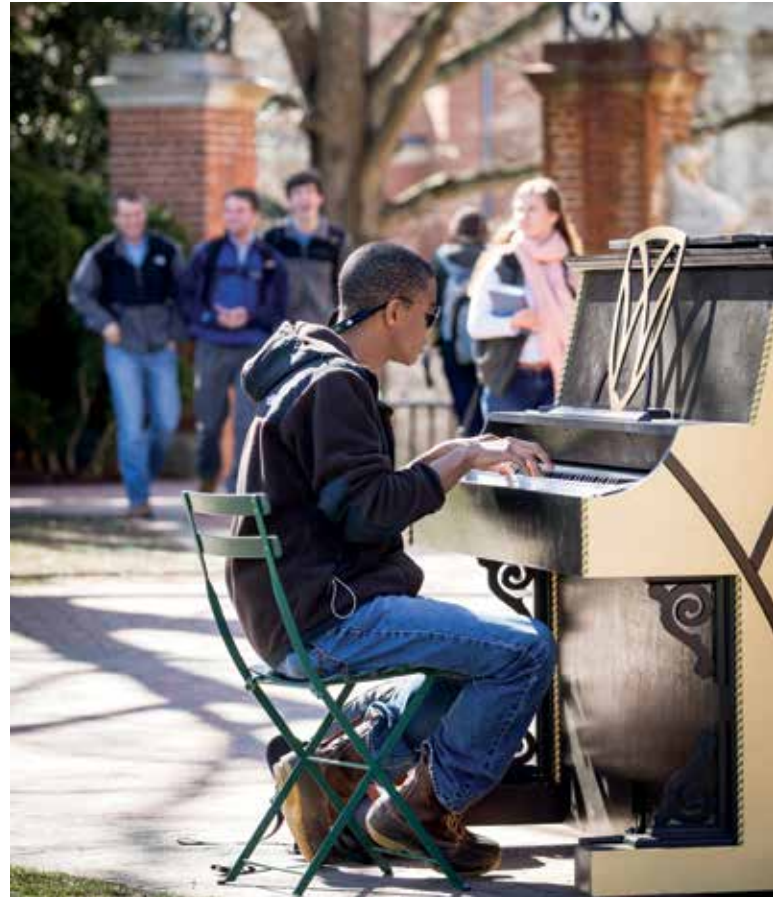
Announcements about weather-related delays or closures are made via email to students and are also communicated using a banner announcement on the main WFU website, the Parents & Families page, wakealert.wfu.edu and more.

GET TO KNOW THE OPCD

The Office of Personal and Career Development is here to support your student's journey from college to career. The OPCD website at opcd.wfu.edu includes an extensive library of tools and resources to help your student become career-ready.

Encourage your student to develop a long-term relationship with a career coach in the OPCD and attend events it hosts throughout the year. The OPCD is available for all students, all majors and all class years. Becoming career- and life-ready is a process (Ready?), and the OPCD offers career coaching, resume reviews, career exploration, interview help and much more to help your student with the college-to-career transition.

Parents and families — resist the urge to tell your student what to major in (or what not to)! There are *very* few careers where a particular major is required. Students who are given the freedom to major in a subject they like and have an aptitude for nearly always fare better than students who choose a major because they feel pressured to do so.



FEBRUARY

| SUN | MON | TUE | WED | THU | FRI | SAT | | |
|-----|-----|--|-----|-----|------------------------------|---|----|----|
| | | | | | | Finish financial aid applications for 2020-21 ¹ | | |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | | |
| 16 | 17 | Last day to drop full-term classes | 18 | 19 | Founders' Day Convocation | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | | |

PRO TIP:

Encourage your student to find a mentor on campus, whether a faculty member, academic advisor or administrator. It is always helpful to have a knowledgeable adult in your corner!

SPRING BREAK SAFETY



Is your student traveling for Spring Break? Here are some tips you may wish to share with your Deac:

Communication: Carry your cellphone at all times. Be sure a family member knows your travel plans, where you are staying and when you will return.

Health: Remember your medications. Use sunscreen if you are in a sunny location. Do not accept food or drinks from strangers.

Money: Always have enough money to get back to your hotel. Take only one credit card and your debit card; keep them on you at all times. Know the phone number to cancel credit cards if stolen.

General: If driving, be sure the car is in good working order. If foreign travel is involved, be sure to check the U.S. State Department for advisories and travel advice. Once you reach your destination, don't go anywhere alone; go in pairs or groups.

MARCH

| <i>SUN</i> | <i>MON</i> | <i>TUE</i> | <i>WED</i> | <i>THU</i> | <i>FRI</i> | <i>SAT</i> | | | |
|---|---|--|---|--|--|------------|----|----|---------------------|
| Fall tuition deposit notification issued | 1 | 2 | Classes begin for second part of term | 3 | 4 | 5 | 6 | 7 | Spring Break begins |
| Spring Break | 8 | 9 | 10 | 11 | 12 | 13 | 14 | | |
| | Midterm grades reporting deadline | | | | | | | | |
| Spring Break ends | 15 | Advising Period | 16 | 17 | 18 | 19 | 20 | 21 | |
| | Last day to add second part-of-term classes | Registration opens for the summer sessions | | | | | | | |
| | 22 | Advising Period | 23 | 24 | 25 | 26 | 27 | 28 | |
| | Last day to drop with a grade of "W" | | | | Last day to drop second part-of-term classes | | | | |
| | 29 | Fall Course Registration Round 1 – Senior Appointments | 30 | Fall Course Registration Round 1 – Junior Appointments | 31 | | | | |
| | | | Fall tuition deposit payment due | | | | | | |

PRO TIP:

For students remaining on campus during Spring Break, check the Campus Dining schedule for closures/reduced hours and plan accordingly. Also check shuttle and transportation options.

PLANNING FOR NEXT YEAR

It's the home stretch of your Deac's first year. What are some things to consider in the final weeks of school?

Residence hall selection – In March or April, students will have the chance to go through room selection. Unlike when they first started, this time they can choose their roommate and residence hall based on their assigned selection time. Note that some students will not be able to select a room during this spring process, and instead will do so over the summer; every year, some students change their plans (decide to go abroad, take a semester leave), which opens up additional spaces in the residence halls.

Summer sessions – Some students choose to attend one or both of the summer sessions so they can focus on a critical course that is a prerequisite for their intended major or catch up on credits they need. In addition to on-campus classes, there are several online summer session classes available in the College. These have become very popular in recent years.

Moving out – Residence halls close on May 9 (see May calendar for details). Some students decide to rent a storage facility as a group and leave their nonessentials there over the summer. Others ship back their belongings. Still others pack it all and drive it home. What will your plan be?



APRIL

| SUN | MON | TUE | WED | THU | FRI | SAT | | | | | |
|-----|--|-----|---|-----|--|-----|--|---|------------------------------------|----|----|
| | | | Fall Course Registration Round 1 – Sophomore Appointments | 1 | Fall Course Registration Round 1 – First-Year Appointments | 2 | Fall Course Registration Round 1 | 3 | 4 | | |
| 5 | Fall Course Registration Round 2 – Senior Appointments | 6 | Fall Course Registration Round 2 – Junior Appointments | 7 | Fall Course Registration Round 2 – Sophomore Appointments | 8 | Fall Course Registration Round 2 – First-Year Appointments | 9 | Fall Course Registration Continues | 10 | 11 |
| | | | | | | | Good Friday observed—no classes | | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | | | | | |
| 26 | 27 | 28 | Classes end | 29 | Reading Day | 30 | | | | | |

PRO TIP:

If you are coming to campus to help your student move out of the residence hall, be sure you have made a hotel reservation (if needed).

CELEBRATE YOUR STUDENT'S SUCCESS!



Your Deac has finished their first year of college, and that is a thing to be celebrated. Be sure to validate your student and their achievements. Acknowledge their hard work this year. As you do, focus less on grades and more on the overall picture of major milestones:

- Moved away from home
- Adjusted to living communally with a roommate and/or hallmates
- Took college-level classes, sometimes in topics that were hard for them
- Made new friends and/or got involved in campus organizations
- Learned how and where they study best
- Managed their life independently: budget, food, exercise, sleep — everything

When you create an atmosphere of caring, validation and support, you can help your student thrive as an emerging adult. And always remember to tell your student you love them.

MAY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-------------------------------------|--|--|-------------|-----|---|---|
| | | | | | Final Exams | 1 2 |
| | Final Exams | Reading Day | Final Exams | | Summer school tuition notification issued | |
| 3 | 4 | 5 | 6 | 7 | 8 | Residence halls close at 2 p.m. – except for seniors and students with APPROVED interim housing |
| | | | | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Baccalaureate for the Class of 2020 | Commencement for the Class of 2020 | Spring final grades reporting deadline | | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | | | | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | June 1 Summer session tuition due Financial aid awards available in WIN | | | | | |

PRO TIP:

Show your support for your student before final exams by sending a care package with their favorite foods, or send a card or email with encouraging words. Your love and support mean everything!

HAS YOUR CHILD CONTACTED YOU ABOUT A PROBLEM?

REMEMBER THAT OLD ADAGE
STOP, DROP AND ROLL

TOGETHER WE CAN PROMOTE INDEPENDENCE
THROUGH STUDENT PROBLEM-SOLVING

STOP 

...and take a deep breath when your student contacts you with a problem. Is it really something they cannot solve on their own? If you fix it for them, does that help your student develop independence?

DROP 

...the urge to reach out and immediately begin fixing things. Instead, push back with questions. What might you do? What options are you considering? What campus offices might have resources? Additional deep breathing may be required.

ROLL 

...with it. Let your student do the problem-solving on their own. The long-term benefits of building problem-solving skills and independence will last your student a lifetime.

In the event of a serious issue or concern about your student or others

While we encourage you to let your student navigate their Wake Forest experience as independently as possible, if you have an urgent concern about the health, safety or wellbeing of your student or others, there are offices available to assist you.

University Police

336.758.5591 (nonemergency) | 336.758.5911 (emergency)
24/7 Dispatch Center: dispatch@wfu.edu
Admin Offices: police@wfu.edu | police.wfu.edu

Student Health Service

336.758.5218 | shs@wfu.edu | shs.wfu.edu
Nurse available at the Health Service with physician on call
backup after clinic hours (5 p.m. to 8:30 a.m.) Monday
through Friday and 24 hours a day on Saturdays and Sundays
during the fall and spring semesters

University Counseling Center (UCC)

336.758.5273 | counselingcenter.wfu.edu
For mental health emergencies, the UCC is available
24/7/365 from anywhere by calling 336.758.5273.

Office of Family Engagement

336.758.4237 | parents@wfu.edu | parents.wfu.edu
parents.wfu.edu/faq (Parents & Families FAQ with
answers to many frequently asked questions)

After-hours assistance

Most administrative offices operate on a Monday-Friday,
8:30 a.m.-5 p.m., schedule.

If you have an urgent need to reach someone
at the University because you have a concern that
must be addressed quickly, we have designated
the University Police as your 24/7 contact. They
can assess the situation and determine who best
to address your concern.

**The 24-hour contact number for University Police
is 336.758.5591 (nonemergency) or 336.758.5911
(emergency). They can get in touch with on-call
duty staff 24 hours/day.**



THE WAKE FOREST FUND

The Parents' Campaign

THE 2019-20 FIRST-YEAR PARENT AND FAMILY CALENDAR IS SPONSORED BY THE OFFICE OF ANNUAL GIVING

Student financial aid, faculty development, emerging programs for students, library and technology resources, facilities renovation and countless other opportunities are possible because of unrestricted gifts to the Parents' Campaign of the Wake Forest Fund.

The Parents' Campaign of the Wake Forest Fund fills the void between where tuition dollars end and endowment funds begin. This support directly impacts the student experience on our campus. It reinforces our mission to create opportunity, educate the whole person and inspire excellence so our students can lead lives that matter.

Make a gift to the Parents' Campaign at **giving.wfu.edu**.

Note: If you work for a matching gift company, you may be able to double or even triple the value of your gift (see your HR department).

Your gift – no matter the amount – will make an immediate impact.