



WAKE FOREST
UNIVERSITY



Catalan Interlude
Featuring Valencia, Ibiza & Mallorca
Aboard Sea Cloud II

October 18 – 26, 2024



WAKE FOREST UNIVERSITY

Dear Alumni and Friends,

In October 2024, embark on a fascinating adventure with us in Spain's exquisite Mediterranean region of Catalonia—both by land and sea. Immerse yourself in the distinct Catalan heritage, language, and history influenced by diverse ancient civilizations, from Romans to Franks and Aragonese. Begin with three nights of elegant hotel accommodations in the Catalan city of Girona, formerly a Roman stronghold. Then cruise aboard the luxurious *Sea Cloud II* for a four-night Balearic Sea voyage featuring expert-guided tours in Valencia, Ibiza, and Mallorca.

Girona was once home to one of Europe's most flourishing medieval Jewish communities. Delve into these residents' hidden treasures at the Museu d'Història dels Jueus, a superb museum within Girona's only surviving medieval synagogue. Marvel at the wonders of the Catedral de Girona, including the world's widest Gothic nave and a landmark 11th-century Romanesque tapestry. In Figueres, the birthplace of the famous Catalan artist Salvador Dalí, explore the world's largest collection of his masterpieces. In Spain's oldest Roman city, Tarragona, join experts behind the scenes at its UNESCO-listed ancient ruins, including its grand seaside amphitheater.

Board *Sea Cloud II* for Valencia and enjoy a private tour of the opulent 16th-century Gothic silk exchange, a UNESCO World Heritage Site. Take an inside look at one of the world's most sacred relics at the Valencia Cathedral: the purported Holy Grail used by Christ at the Last Supper. Explore the hidden archaeological wonders of Ibiza, including one of the world's largest Phoenician burial grounds. On enchanting Mallorca, gain an insider's perspective on the impressive 13th-century cathedral, La Seu, adorned with the unique interior design by the iconic Catalan architect Gaudí.

Along the way, savor Michelin-starred Catalan cuisine in a 16th-century village farmhouse and attend an exclusive reception at an art-filled historic mansion in Mallorca with breathtaking panoramic views. Space is limited on this unique voyage. Travel in the company of congenial members from cosponsoring institutions such as The Metropolitan Museum of Art, The National Trust for Historic Preservation, and the alumni associations of Columbia, Harvard, and Miami University. Reserve your spot today and share this brochure with family and friends who may be interested in traveling with you. To secure your place, please contact our tour operator Arrangements Abroad by phone at 212-514-8921 or 800-221-1944 or by email at trips@arrangementsabroad.com.

We hope that you will join us on this unforgettable Catalan odyssey, by both land and sea.

Sincerely,

Kelly Meachum McConnico ('00)
Assistant Vice President, Alumni Engagement
Wake Forest University
Office of Alumni Engagement



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Teatre-Museu Dalí, Figueres



FRIDAY, OCTOBER 18: DEPARTURE

Depart for Barcelona on an overnight flight.

SATURDAY, OCTOBER 19: BARCELONA, SPAIN / GIRONA

Gather for lunch upon arrival in Barcelona, then travel by motor coach northeast to Girona, set in the Pyrenees foothills. Check into the elegant Hotel Palau de Bellavista Girona, your home for three nights prior to the cruise. Mingle at a welcome cocktail reception this evening. L,R

SUNDAY, OCTOBER 20: GIRONA / PALAU-SATOR / PÚBOL / FIGUERES

Start your day with a guided walking tour of Girona, an ancient Roman stronghold, admiring its opulent Romanesque and Gothic architecture. Then take a privately guided tour of the Museu d'Art de Girona, housed in the former Episcopal Palace. Discover more about Girona's history through the museum's collections of precious liturgical relics and artworks.

Savor lunch at Mas Pou, a Michelin-starred restaurant in the medieval village of Palau-Sator. Housed within a 16th-century stone farmhouse, this family-run establishment presents Catalan cuisine with locally sourced, seasonal ingredients.

Later, explore the quaint village of Púbol and encounter a surreal homage to love and creativity at the Castell de Púbol. Salvador Dalí refurbished this 11th-century fortress as a gift for his wife, Gala. Go behind the scenes in the castle's museum and its unconventional collection of Dalí's art and furnishings. Continue to Figueres, Dalí's birthplace, where you will gain privately guided access to the Teatre-Museu Dalí, designed by the artist himself. Take a guided look at the world's largest collection of Dalí's works, showcasing over 1,500 creations, and even see the crypt where Dalí rests. Conclude your day back in Girona at the welcome dinner. B,L,D

MONDAY, OCTOBER 21: GIRONA

Enjoy an enriching morning lecture, followed by a guided visit to the Museu d'Història dels Jueus. Housed within a medieval synagogue, the museum displays a vast array of artifacts representing the daily lives and traditions of medieval Catalan Jews, many of whom lived in Girona's thriving Jewish quarter. After lunch, venture to the 12th-century Banys Àrabs (Arab Baths), a rare surviving example of Romanesque public baths. These baths also served as a *mikveh*, a sacred ritual bath, for Girona's Jewish community during the 14th century.

Enjoy a private look at the Catedral de Girona, which boasts the world's widest Gothic nave. Built over centuries, the church seamlessly blends Romanesque, Baroque, and Gothic elements. Inside, behold the *Tapestry of Creation*, a remarkable Romanesque artwork depicting scenes from the Garden of Eden, and admire an 11th-century white-marble high altar. Conclude your day with an afternoon and evening at leisure. B,L

Girona



TUESDAY, OCTOBER 22: GIRONA / TARRAGONA OR POBLET / EMBARK SEA CLOUD II

After checking out of the hotel, transfer to Tarragona (Tarraco), Spain's earliest Roman stronghold, dating back to 218 B.C. In this city of stunningly well-preserved Roman remains, take a guided tour of the Museu Nacional Arqueològic de Tarragona (MNAT), the region's oldest archaeological repository, housing more than 25,000 Roman treasures. Then an expert guide will lead you through the 14,000-seat seaside Tarragona Amphitheater, erected in the second century A.D. Pause at the Gothic-style medieval Pont del Diable (Devil's Bridge), which spans the river Llobregat atop original Roman foundations, crowned by a stone chapel.

Alternatively, opt for a visit to the UNESCO-listed 12th-century Poblet Monastery, a pristine Cistercian abbey of immense proportions, which includes a Gothic church and tranquil cloisters. Within its crypts lie the Catalan and Aragonese kings, alongside other illustrious nobility. In the late afternoon, board the awaiting *Sea Cloud II* in Tarragona. B,L,D

WEDNESDAY, OCTOBER 23: MORNING AT SEA / VALENCIA

After a morning lecture, arrive in Valencia, one of Spain's oldest cities, founded as a Roman colony in 138 B.C. Join an expert guide to meander through the Old Town, where colorful houses are adorned with ornate ceramic tiles and intricate iron balconies. Stop for an inside look at the UNESCO-listed Lonja de la Seda—the Silk Exchange—a late Valencian Gothic marvel erected between 1482 and 1533.

You will also visit the Mercado Central (Central Market), an exemplary showcase of Valencian Art Nouveau, where more than 300 stalls overflow with local delights. See the spectacular Gothic Valencia Cathedral, whose architecture ranges from Romanesque to Neoclassical. Within, visit the Chapel of the Holy Chalice, housing a first-century A.D. cup believed to have touched Christ's lips during the Last Supper. Before returning to the ship, discover the Museo de Bellas Artes de Valencia, Spain's second-largest art gallery, whose collection includes treasures by Velázquez, Goya, and Sorolla. Alternatively, marvel at the futuristic Ciudad de las Artes y las Ciencias, designed by Valencia-born architect Santiago Calatrava, with its six magnificent structures and a distinctive bridge. B,L,D



Mercado Central, Valencia



Dalt Vila, Ibiza

THURSDAY, OCTOBER 24: MORNING AT SEA / IBIZA TOWN (IBIZA)

As we approach Ibiza, an island whose strategic importance lured the Phoenicians, Romans, Arabs, and Spaniards, take in the island's pristine beaches and hills dotted with fig and olive trees. In Ibiza Town's historical center of Dalt Vila—a UNESCO World Heritage Site with Phoenician foundations built in 650 B.C.—travel with an expert guide through its narrow cobblestone streets within its ancient walls. Join an expert guide for an inside look at the Museo Arqueológico de Ibiza y Formentera, which showcases Carthaginian figurines of the goddess Tanit, the Phoenician-Punic necropolis of Puig des Molins (the region's largest of its kind), Roman statues, and prehistoric relics. B,L,D

FRIDAY, OCTOBER 25: PALMA DE MALLORCA (MALLORCA)

Step ashore on Mallorca, an island beloved by artists like Chopin and Borges. In the capital of Palma de Mallorca, we hope to enjoy a special visit with refreshments at the Fundación Bartolomé March, a wealthy banker's former residence that features a sculpture terrace with magnificent views and art by Moore, Hepworth, Consagra, Rodin, Chillida, and Dalí.

Then join an expert guide at the splendid La Seu, also known as the Catedral de Santa María de Palma de Mallorca, a Gothic Roman Catholic cathedral constructed from 1229 to the 17th century. Highlights include Gaudí's striking interior and the 45-foot-wide "Gothic eye" rose window. If time allows, visit the Fundació Pilar i Joan Miró a Mallorca, a museum featuring more than 6,000 paintings, sculptures, and other treasures donated by Miró, including his oldest surviving oil painting. Return to *Sea Cloud II* for lunch and gather this evening for the captain's farewell dinner. B,L,R,D

SATURDAY, OCTOBER 26: TARRAGONA / DISEMBARK / BARCELONA / RETURN

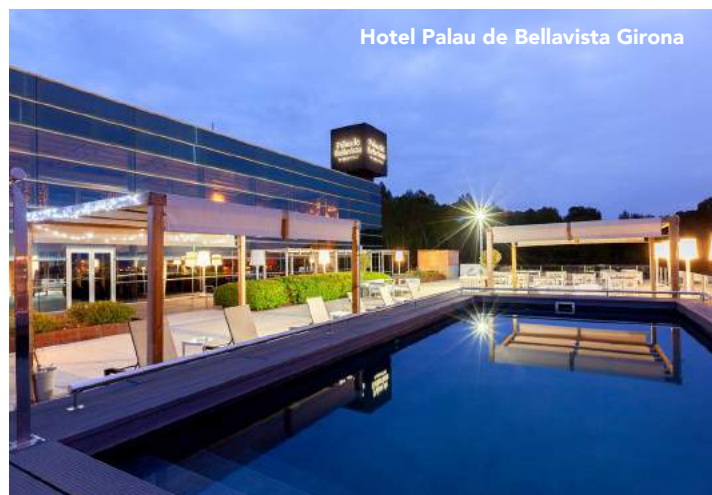
Disembark *Sea Cloud II* upon return to Tarragona this morning and transfer to the Barcelona airport for your flights home. B

DISCLAIMER: This itinerary is subject to change at the discretion of Wake Forest University and Arrangements Abroad. For complete details, please carefully read the terms and conditions at www.arrangementsabroad.com/terms.

ACCOMMODATIONS

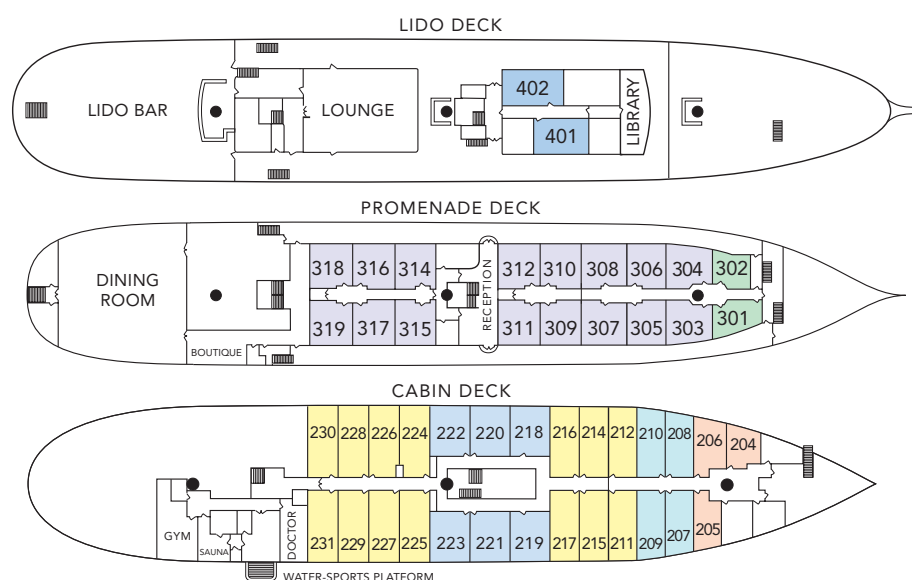
HOTEL PALAU DE BELLAVISTA GIRONA

This elegant hotel sits in a quiet corner next to Girona's Jewish quarter and Barri Vell (the historic old town). Combining chic design with impeccable service, the Hotel Palau de Bellavista features great views from the hotel's roof terrace as well as a bar and a pool.



SEA CLOUD II

Sea Cloud II is a three-masted sailing yacht steeped in the elegance of yesteryear and complemented with the most modern amenities. Sister ship of the legendary *Sea Cloud*, *Sea Cloud II* has 47 outside cabins and travels under 23 billowing sails trimmed by hand. From the mahogany-paneled library and gracious lounge to the gym and water sports platform, no detail has been overlooked. Praised by the world's most discerning travelers, *Sea Cloud II* receives consistent high rankings from *Condé Nast Traveler*. Passengers enjoy open seating at all meals and complimentary use of all water sports equipment. A doctor is on call 24 hours a day. Please note that there is no elevator on *Sea Cloud II*.



CRUISE RATES (per person)

Cabins	Decks	Double Rate	Single Rate
Cabins 204 to 206 Upper/lower twin berths, shower.	Cabin	\$6,999	\$8,399
Superior Cabins 207 to 210 Twin beds, shower.	Cabin	\$8,999	\$13,499
Deluxe Cabins 211 to 217 & 224 to 231 Twin beds, shower.	Cabin	\$10,999	\$16,499
Deluxe Cabins 218 to 223 Twin beds, shower.	Cabin	\$11,999	Inquire
Deluxe Cabins 301 & 302 Twin beds, shower.	Promenade	\$12,999	Inquire
Junior Suites 303 to 319 Twin beds, bathtub with shower.	Promenade	\$14,999	Inquire
Owner's Suites 401 & 402 Queen-size bed, bathtub, and separate shower.	Lido	\$16,999	Inquire

RATES INCLUDE

- Three nights hotel accommodations at the Hotel Palau de Bellavista Girona; four nights cabin accommodations aboard *Sea Cloud II*
- Meals as indicated in the itinerary (B=Breakfast, L=Lunch, R=Reception, D=Dinner). Bottled water, soft drinks, juices, and coffee/tea with all meals; thoughtfully selected wine and beer with lunches and dinners; complimentary open bar aboard *Sea Cloud II* throughout the cruise (including all standard spirits)
- Airport/hotel/pier/airport group transfers for all participants on suggested flights
- Escorted sightseeing, transportation, and entrance fees for all included visits
- Enrichment program of lectures and talks
- Taxes, service, and portage charges; customary shipboard gratuities; gratuities to local guides and drivers

NOT INCLUDED IN RATES International airfare; passport/visa fees; meals not specified; alcoholic beverages other than noted in inclusions; personal items and expenses; airport transfers other than for those on suggested flights; excess baggage; trip insurance; any other items not specifically mentioned as included.

CRUISE HIGHLIGHTS

EMBARK on a cultural adventure to the ancient Spanish region of Catalonia, starting with three nights within the medieval walls of Girona

SAIL on a four-night Balearic Sea cruise aboard the elegant *Sea Cloud II* to Valencia and the islands of Ibiza and Mallorca

JOIN expert guides to discover the treasures of Girona's famous medieval Jewish community at the exceptional Museu d'Història dels Jueus

GO behind the scenes at the Catedral de Girona, which boasts the world's widest Gothic nave and the 11th-century *Tapestry of Creation*

WITNESS Salvador Dalí's artistic genius firsthand in his hometown of Figueres during an expert-guided tour of the world's largest collection of his works, housed in a museum Dalí designed himself

EXPLORE Tarragona, Spain's oldest Roman city, with a behind-the-scenes look at its UNESCO-listed ruins, including its awe-inspiring seaside amphitheater

GAZE upon the purported Holy Grail on a privately guided tour of the 13th-century Valencia Cathedral, with its intriguing blend of architectural styles built over centuries

EXPERIENCE Ibiza's little-known archaeological treasures with an expert, from rare Carthaginian and Roman artifacts to one of the world's largest Phoenician necropolises

ACCOMPANY an expert guide at Palma de Mallorca's splendid La Seu, a Gothic Roman Catholic cathedral featuring interior renovations by Gaudí

SAVOR Michelin-starred culinary excellence at the Mas Pou restaurant, which serves traditional Catalan cuisine in a 16th-century village farmhouse



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CATALAN INTERLUDE ABOARD SEA CLOUD II
OCTOBER 18 – 26, 2024
RESERVATION FORM

To reserve a place, please contact Arrangements Abroad at phone: 212-514-8921 or 800-221-1944; fax: 212-344-7493; email: trips@arrangementsabroad.com; or complete this form with your deposit of \$1,000 per person (of which \$500 is non-refundable for administrative fees), payable to *Arrangements Abroad*. Mail to: Arrangements Abroad, 260 West 39th Street, 17th Floor, New York, NY 10018-4424.

Name(s) in full as on passport(s). Please print.

Address

City State Zip

Telephone (home) (business) Fax

E-mail

ACCOMMODATIONS

Sea Cloud II cabin preference

(1) _____ (2) _____

I wish to share a cabin with _____

FORM OF PAYMENT

☐ Enclosed is my check (payable to *Arrangements Abroad*)

☐ Debit card

☐ Credit card

Name on debit/credit card

Debit/credit card number

3- or 4-digit security code Expiration date

I/We confirm that I/we have carefully read and agree to the *Terms & Conditions* of this Program (see www.arrangementsabroad.com/terms to review or call for a copy). I/We agree to full payment 120 days prior to departure. Each participant must sign below.

Signature (required) Date

Signature (required) Date

Front cover: Catedral de Santa María de Palma de Mallorca. Back cover: *Sea Cloud II* (top); Ciudad de las Artes y las Ciencias, Valencia (bottom).

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