



## Discussion Guide

*Thank you for watching From the Ground Up, a collaborative performance featuring members of the Wake Forest University Facilities & Campus Services team coordinated by Forklift Danceworks led by WFU Alumna Allison Orr ('93). The questions below are meant to spark conversation between you and others who have seen the performance. Utilize all of the available questions or feel free to just pick your favorites. Much like From the Ground Up encourages us to be open to the art that moves around us each day, encourage your group to be open to the different perspectives that arise during your conversation.*

What did you enjoy most about the performance?

What surprised you?

Where did you see traditional concepts of dance during the performance?

Where did you see non-traditional concepts of dance during the performance?

All of the music for the performance was arranged just for From the Group Up. How did the music deepen the meaning of what you were watching?

How did the piece change your understanding/appreciation of the “unseen” work that happens around us each day?

What would you want to tell the cast, members of the Wake Forest University Facilities and Campus Services Team?

Think about a normal day in your life. Where is there dance, movement, or artistry that you may not typically acknowledge?

Now consider your own movements during the day. Could you find grace or artistry in them?